ABSTRACT OF THE DISCLOSURE

A shooting rest for supporting a firearm while a hunter is hunting from a tree stand, a tree seat, a ground blind or a field, including a mounting bracket and an arm pivotally attached thereto to allow horizontal aiming adjustment having a pair of forks from which a cradle is supported for resting a firearm therein. Vertical aiming adjustment is allowed by swinging the firearm forward or backward within the cradle and/or adjusting the cradle along the fore-end of the stock of the firearm.